



# Gets It!

*YOUR CHOICE FOR HEALTHCARE IN CENTRAL ILLINOIS*

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& HEALTH SERVICES  
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*Not all physicians listed in the  
Gibson Gets It are employed by  
Gibson Area Hospital & Health Services.*

## A Red Carpet Event *highlights*



# Gibson Adds to its Excellent Orthopaedics Team



In March, Gibson Area Hospital & Health Services (GAHHS) added another Orthopaedic surgeon to its already impressive team. Rob Schmitt, CEO at GAHHS, said “We welcome Dr. Norris to the GAHHS Orthopaedic team. Dr. Norris brings his excellent skills in orthopedic sports medicine and upper extremity surgery to our patients and communities we serve. Dr. Norris is a great addition to our medical staff”.

Dr. Norris started his education at Illinois Wesleyan University in Bloomington. While at Illinois Wesleyan Dr. Norris was a Four Year Football Letterman with the Titans. He graduated Magna Cum Laude and received his bachelor’s degree in biology. Dr. Norris continued his medical education and residency program at Southern Illinois University School of Medicine. During his residency Dr. Norris was honored with Resident Teacher of the Year in Surgery and 3 Excellences in Teaching Awards. Dr. Norris then finished his Fellowship in Sports Medicine with Union Memorial Hospital in Baltimore, Maryland. In Baltimore he continued his love for football as a team physician for the Baltimore Ravens.

Dr. Norris focus is on all types of sports-related injuries and arthroscopic surgery, because he understands that you don’t have to be a superstar to enjoy playing sports. His specific areas of specialty include shoulders, elbows, hands, hips, and knees. He is also certified to perform Cartilage Restoration with Autologous Chondrocyte Implantation.

Currently, Dr. Norris is a member of the American Academy of Orthopaedic Surgeons, the Arthroscopy Association of North America, and the American Orthopaedic Society for Sports Medicine.

In his spare time, Dr. Norris enjoys spending time with his wife and daughter. They enjoy water sports, boating, and other active outdoor activities.

Dr. Norris is an independent physician. He is seeing patients at #10 Doctors Park in Gibson City. To make an appointment with him call 217-784-4340. ■



## GAHHS Now on Facebook

Gibson Area Hospital & Health Services (GAHHS) is proud to announce that they now have a dedicated Facebook page. “As social media continues to be a growing presence in our lives, it is important to embrace the needs of our audience,” explained GAHHS Marketing Coordinator, Drue Hilligoss. “And that audience is growing because of the Internet and social media like Facebook.”

Facebook will allow GAHHS to provide news updates and upcoming event information to their followers immediately. Drue added, “With Facebook and Twitter,

our followers don’t have to wait a week or two to read about the hospital in the papers, they can get news posting on their pages the second we send them.”

To join the GAHHS Facebook and Twitter page visit the GAH website, [www.gibsonhospital.org](http://www.gibsonhospital.org). Click on the Facebook and Twitter icons in the top right-hand corner of the homepage. These links will take you to the GAH pages where you can “Like” the Facebook page and “Follow” us on Twitter. ■

# ***GAHHS Welcomes Family Practice Physician George Bark, M.D., PhD to Paxton & Hoopeston***



**G**ibson Area Hospital & Health Services (GAHHS) would like to welcome Dr. Bark, Family Practice Physician, into the ever-growing family of GAHHS doctors. Rob Schmitt, CEO at GAHHS stated, "We are fortunate to have the opportunity to keep Dr. Bark in Paxton and available to his patients for continued care. Dr. Bark has been an asset to the Paxton Community for years. We are proud to have him join the GAHHS family."

For Dr. Bark, GAHHS is a perfect fit for his practice. He explained, "I chose a residency program that specialized in rural family medicine and working with Gibson Area Hospital & Health Services allows me to continue to practice rural medicine, while providing access to top quality specialists and facilities."

Dr. Bark's specialties include managing chronic diseases such as diabetes and high blood pressure and treating acute problems like sore throats and ear infections. He also performs procedures to remove or destroy skin lesions; these include

warts and skin cancer. Dr. Bark places the highest priority on health maintenance and screening, including women's health care.

Dr. Bark obtained his bachelors and master degree in Biology from the University of Illinois. He continued at the U of I and obtained a PhD in Nutritional Sciences and rounded out his education with a Medical Degree through the U of I's Medical Scholars Program.

Currently, Dr. Bark splits his time between the Paxton and Hoopeston clinics.

Dr. Bark is located at The Hoopeston Clinic and The Paxton Clinic. When not working, Dr. Bark enjoys spending time with his fiancé, her 3 children and her 3 grandkids. His hobbies include hunting, fishing, and competitive BBQ competitions.

To make an appointment with Dr. Bark in Hoopeston call (217) 283-5530 and in Paxton call (217) 379-4864. ■

## ***Radiation Exposure Not an Issue at GAHHS***

In September, Gibson Area Hospital Health Services (GAHHS) unveiled its brand new state-of-the-art GE scanning equipment. Now, because of the recent tragedy in Tokyo and the continued troubles with their nuclear power plants, even here halfway across the world, parents are worried about the affects radiation has on their children. Thankfully, Japan is so far away that we, in the Midwest, are not affected from that radiation exposure. However, there still have been some discussions on what are safe levels of exposure.

Here at GAHHS, we understand the need to make sure all of our patients, no matter their age or size, receive

the very best care possible. That is why our new equipment utilizes Adaptive Statistical Interactive Reconstruction (ASIR). ASIR is a very advanced technique that greatly improves the contrast and clarity of the imaging process, while utilizing 50% less radiation than a traditional scan. Normally to achieve this level of image quality, a patient would have to be exposed to more radiation. With the advancement in technology, patients can have peace of mind knowing they are receiving radiation at a very low dose and safest available. ■



# Father's Day A Time to Reflect on Men's Health

Dr. Scott Morgan  
MD, FACS



**I**t has been argued that simply being male is bad for your health. Men live on average seven years less than women; life expectancy in the U.S. is 72 years for men and 79 years for women. The reasons for this discrepancy aren't completely understood but genetic predisposition appears to play a role. Men still show great reluctance in seeking help for physical or psychological problems or for participating in screening programs unless required by a job.

It is their everyday life that dictates what men's health is all about. Men's experiences at work and at home; as lovers; as fathers, and grandfathers and in their learning and free time are not only relevant but vital in building a more complete picture of how we men tick and how we can optimize our lives by keeping fit and staying healthy.

Because of our obvious physiological differences to women, men have different health concerns. The development of heart disease, cancer, diabetes, lung disease and the risk of stroke are primary concerns among men and, in turn, men's health strive to reduce risk and incidence of men's conditions by encouraging preventative practices, conducting procedures that support early detection and by recommending specialized courses of treatment.

As a Urologist specializing in men's health, I am proud to provide cutting-edge care for men experiencing a vast array

of conditions such as enlarged prostate, erectile dysfunction, male urinary incontinence and Peyronie's disease. Medical evidence has made it clear that these common conditions serve as an excellent barometer of our overall health. Their presence can be an indicator or 'first-sign' of more serious, even life threatening conditions such as heart disease, diabetes and prostate cancer. They may also contribute to self-esteem issues, anxiety, depressive mood and tension within a relationship. I welcome the opportunity to partner with men and their significant others to regain and optimize their lives health, well-being and intimacy.

Gibson Area Hospital and Health Services is pleased to announce the appointment of Scott C. Morgan, MD as an attending physician. Dr. Morgan is able to provide our community with comprehensive urological services including minimally invasive cancer solutions and men's health conditions including Erectile Dysfunction (E.D.) and Male Urinary Incontinence. He values the opportunity to share his knowledge with the public and provides free educational seminars to the community on a continuing basis.

For more information on Men's Health or to schedule an appointment with Dr. Morgan, please call 217.784.2340. Dr. Morgan is seeing patients at our Outpatient Clinic - 1120 N. Melvin Street, Gibson City. ■

# Dr. Tattini Performs Hospital's First Bilateral Immediate Breast Reconstruction

Carry Weber and Ashley Rogers take time off for a smile.



**G**ibson Area Hospital & Health Services (GAHHS) is committed to offering its patients the very best. In January, GAHHS took necessary steps to bring in a very talented Board Certified Plastic and Reconstructive Surgeon, Chad Tattini, M.D., into the GAHHS Family. Since Dr. Tattini's arrival to GAHHS, his remarkable skill level has allowed GAHHS to offer an array of services and procedures previously unheard of to this area. One of these procedures is a bilateral immediate breast reconstruction.

When breast cancer is detected, often times a mastectomy is the selected treatment option. In a traditional mastectomy one or both breasts are removed to prevent the spread of the cancer. In the past this process would leave patients searching for an out of area doctor for breast reconstruction options. Thanks to Dr. Tattini we are able to offer these patients same day reconstruction surgery immediately after doctors have performed the mastectomy.

Recently, Dr.'s Tattini, San Diego, and Chung performed one such procedure, a bilateral immediate breast reconstruction. In this case, the patient had the breast cancer gene and a family history of breast cancer. Because the patient did not currently have breast cancer, Dr.'s San Diego and Chung were able to perform a nipple-sparing mastectomy (NSM). With a NSM doctors are able to remove all of the breast tissue and save the skin and nipple.

After the mastectomy, Dr. Tattini immediately began the insertion of tissue expanders into the skin of the breasts. Over the next few months the expanders will be gradually inflated to stretch and expand the breast in preparation for the breast implant. Dr. Tattini said, "Putting in implants right away is possible, but this is a safer process with better results."

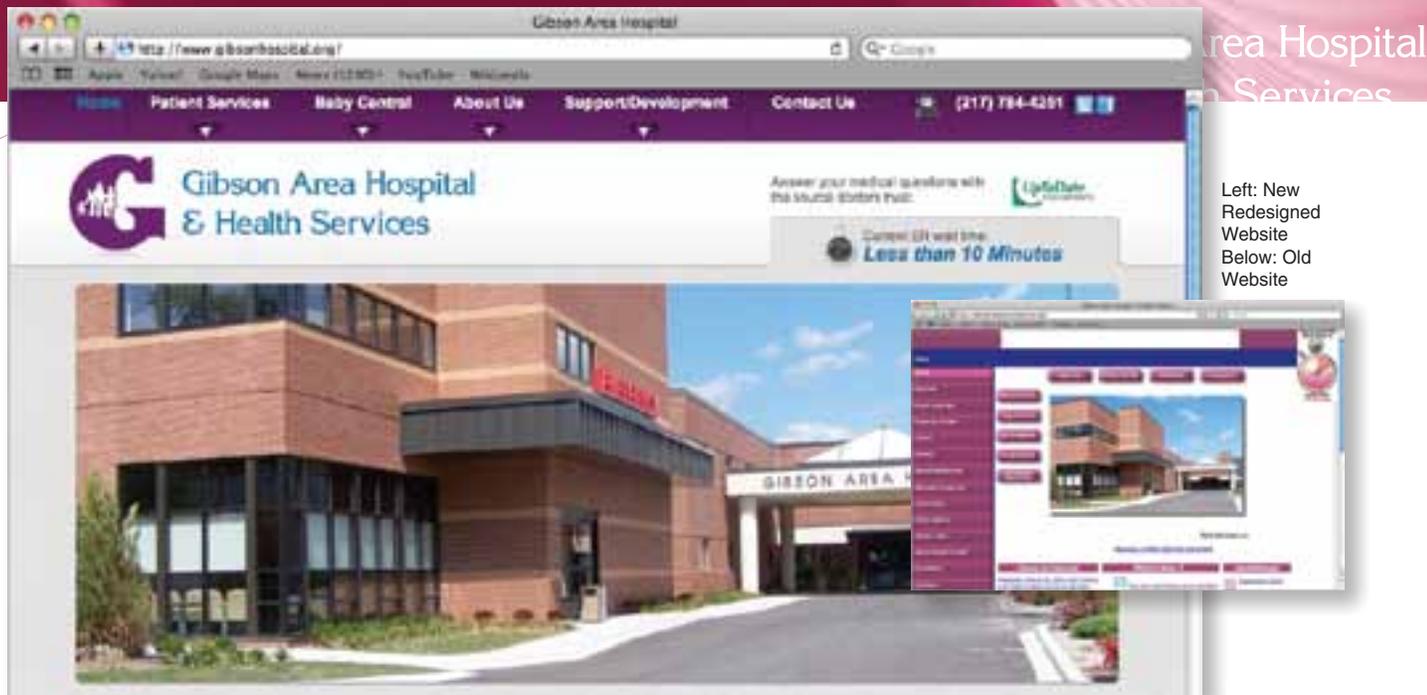
Dr. Tattini's Ivy League training has allowed him to be on the cutting edge of many cosmetic and reconstructive surgeries, but it is his caring nature that truly sets him apart. Ashley Rogers, GAHHS COSMEDICS Office Coordinator, said, "[Dr. Tattini's] knowledge allows him to be very open and honest with his patients."

Carrie Weber, GAHHS COSMEDICS Nurse, said, "He is very personable and it gives him the ability to speak to his patients in a way they can understand."

It is this honest information that Dr. Tattini gives to his patients that has helped GAHHS COSMEDICS grow. "We are getting good patient results and people are starting to find out that we now offer a wide array of cosmetic surgeries," explained Tattini.

To schedule a consultation with Dr. Tattini today call 217-784-2238. ■

# Gibson Gets a New Website



[www.gibsonhospital.org](http://www.gibsonhospital.org)

The web address is the same, but the look is different. On April 1, 2011, Gibson Area Hospital & Health Services (GAHHS) launched its new and improved website. While this may sound like a simple task, it is anything but. Late last year GAHHS formed a website research committee to discuss the numerous possibilities of the look and function of a new website. After meeting with several local web development firms, the committee selected Cybernautic from Normal. When the selection process was complete, the real work began. The old website had nearly 100 pages of web content. All of these pages had to be redesigned and the content needed to be transferred to the new site. This process alone took four months, which brings us to the launch of the new website.

For those of you who do a lot of web surfing, you may have noticed that our old website was becoming cluttered and outdated. These were the two main reason GAHHS opted to create a new website. The original website was created in 2001 and as the hospital grew, so too did the website. New features and functions were constantly being added to fill the needs of our patients and doctors. Sean Patrick, Director of Information Technologies said, "As the site grew so did

the complexity, it was becoming difficult to manage on the existing platform and the look and feel of the website needed to be updated." He continued, "We wanted a cleaner and more simplistic interface that was not "busy" like our old site."

The look wasn't the only thing that was updated; under the new format GAHHS can offer new features to patients and staff. One of the biggest features currently available is the ability to "Pay Your Bill" online. With a few clicks patients can securely pay their bill without having to write a check, pay for postage or mail it.

In addition to the "Pay Your Bill" feature, soon GAHHS will launch a new Career Center. With the new Career Center, users will have the ability to create an online profile and apply for jobs. With this new Career Center a profile and resume will remain active within the website, so an applicant will be able to apply for numerous jobs after completing a single application. The Career Center will also be the location for candidates to register for upcoming Certified Nursing Assistant classes. "We hope visitors will visit our new site, make suggestions on ways we can improve and tell us what you think of our new website," Patrick said. ■

# New Lab Analyzer Allows More Same Day Results

Right: TOSOH AIA 600 II

Below: Lab Technicians Ian Smith and Danielle Robison perform a test on the Dimension EXL



**G**ibson Area Hospital & Health Services (GAHHS) is committed to meeting the needs of all of its patients. Whether it is obtaining the services of top quality doctors or purchasing technologically advanced equipment, GAHHS puts its patients first. One such example is the Lab Departments brand new TOSOH AIA 600 II Chemistry Analyzer. The TOSOH AIA 600 II will perform special chemistry tests such as vitamin B-12, folate, and parathyroid hormone. Lab Director Ken Sprau said, “When this instrument is online we will perform approximately 2000 test per year on this instrument. Sprau continued, “These tests were previously sent to a reference laboratory, making patients wait 3 to 5 days for the results. This instrument will allow physicians to receive these test results the same day.”

Since this instrument will allow physicians to receive same

day results it will increase the services GAHHS is capable of offering to our patients in the future. One such possible service could be thyroid surgeries, which require same day test results to perform.

The TOSOH AIA 600 II was purchased to complement the Dimension EXL Chemistry Analyzer the lab obtained in September. With the Dimension EXL the lab is able to perform 55 different chemistry test 24 hours a day. Sprau said, “The Dimension EXL is the work horse of the lab. From September to December of last year 212,637 chemistry tests were performed on this instrument.”

It is this commitment to excellence that drives GAHHS to continue to grow, add state of the art technology, and to provide the very best care to its patients. ■

# Gibson Area Hospital & Health Services Welcomes New Marketing Coordinator



**I**n March 2011 Drue Hilligoss joined the Gibson Area Hospital & Health Services (GAHHS) Administration Team as the new Marketing Coordinator. The marketing coordinator position was created after the devastating and untimely passing of Julie White in January. Drue said “I have heard nothing but great things about Julie from the hospital staff and people out in the community.” He continued, “It took seven people to perform her duties while this position was vacant and I know for a fact that if I can do just half the job Julie did, GAHHS will be in good hands.”

Born and raised in Buckley, Drue graduated from PBL in 1999. “I never thought that after I graduated and went to college that I would come back,” explained Drue. “What can I say, I guess it’s just in my blood.”

After PBL, Drue attended Parkland College until he transferred to the University of Illinois. At the U of I Drue studied broadcast journalism and graduated with his bachelor’s degree in 2004. After graduation Drue’s journey continued onto Illinois State University where he earned his master’s degree in communication. “After graduation was hard, because the market started to collapse and jobs were becoming scarce,” explained Drue. “Companies were laying people off and people who had been in the industry for 3 years or more were taking all of the entry level jobs I was qualified for.”

Before Drue joined the GAHHS team he held marketing positions with The Prairie Center in Urbana and Country Health Nursing Home in Gifford. Drue said, “Each of these positions helped me develop the skills I have today and they helped create this great opportunity that I have with GAHHS.” ■

## Farm Safety

**A**s the snow finally subsides and makes way for warmer weather, farmers across the Midwest are chomping at the bit to get back out in the fields. While seeing tractors in the fields is a common sight in the area, many don’t know the dangers associated with farming. In fact, according to the National Safety Council, “Agriculture is the most hazardous industry in the nation.” This is very sobering considering that Gibson Area Hospital & Health Services (GAHHS) is surrounded by thousands of acres of farmland. Also, according to the National Safety Council’s website, [www.nsc.org](http://www.nsc.org), “A high proportion of farm fatalities and injuries can be attributed to tractors.” This means that most farming related injuries could be avoided with awareness and patience. Below are some farm safety tips the National Safety Council recommends.



✓ Develop a safety-first attitude – follow safe work practices at all times and set a good example for others.

- ✓ Be physically and mentally fit when operating a tractor. Fatigue, stress, medication, alcohol and drugs can impair your ability to operate a tractor safely.
- ✓ Equip the tractor with a rollover protective structure, and always wear your safety belt.
- ✓ Inspect the tractor for any possible hazards or maintenance issues before operating.
- ✓ Make sure everyone who uses the tractor has received safety training in proper operation.
- ✓ Shut down the tractor, turn off the engine, remove the keys and wait for all moving parts to stop before dismounting.
- ✓ Keep bystanders and others away from the tractor operating area. Never allow extra riders, particularly children. ■

# GCMS Students Gain Real World Experience From Class



Class Photo (Above) – Left to Right: Kara Wilson, Emily Spangler, Ana Shanley, Nathan Hennesey, Erica Nugent, Jessica Hunter, Mikayla Woodward, Brooke Fairfield, Drew Chase, Nick Bode and Teacher Nick Elder.

Right Photo: Emily Spangler and Mikayla Woodward

A few months back Mike Meunier, GAHHS Chief Compliance Officer and Marketing Director approached GCMS Teacher, Nick Elder, and his Marketing and Entrepreneurship class with a challenge. The challenge for the students was to create a 30 second radio ad for Gibson Area Hospital and Health Services (GAHHS). The best ad would then be selected and created into an actual radio ad on WGCY.

With the challenge laid down, the students paired up and began researching GAHHS and its services. “It was a good challenge for the students because they had to research about what specific services and features would help draw people in,” said Elder.

It was this attention to detail that made the selection process for the winner difficult. Meunier explained, “The students

did such a great job that we could not select just one winner.”

The radio spots were so good that the selection committee selected three winning groups to have their ads used in the GAHHS marketing campaign. Winning projects by Drew Chase and Ana Shanley, Nick Bode and Jacob Dickey, were selected as the best radio ads. The third winning group, Mikayla Woodward and Emily Spangler, had their project turned into a Full-Page ad placed in the Gibson City Courier and the Paxton Record. Bode said, “This class is interesting because you get to see what it takes to design an actual ad.”

Currently, the class is working on developing business plans for their next project. “The Gibson Hospital project has really helped us with our current business planning project,” said Erica Nugent, GCMS Senior. ■

# News From the GAHHS Auxiliary



Above: 2011 Gibson Area Hospital Auxiliary Scholarship Recipients, from left to right, Chelsea Pittenger, Brittney DuBois, Emily Milburn, Courtney Edelman, and Kristin Slagel.

Right: 2011 Gibson Area Hospital Auxiliary Honors Members, from left to right: Back Row, Deonna Sauer, Val Hunt, and Jean Williams. Front Row, Margaret Anderson and Elizabeth Walker.



Right: Wamaitha Sullivan, N.P. speaks to crowd at the GAH Auxiliary 2011 Spring Banquet.



## Thank You

You may know that in the last newsletter Gibson Area Hospital & Health Services (GAHHS) thanked everyone who supported them during the Annual Love Lights a Tree Campaign. But, what you may not know is that through your support the GAHHS Auxiliary was able to raise over \$13,000 for new furniture throughout GAHHS. Being able to replace and update the furniture in the waiting rooms and the lobbies is only part of the benefit. "The true significance we can take from this is that our community truly supports us. To know that we have a community that supports us is priceless," said GAHHS Marketing Coordinator Drue Hilligoss.

## The Annual Auxiliary Spring Banquet

This year's Auxiliary Spring Banquet, held April 11 at the Gibson City Bible Church, was a great time of fellowship and reflection. Wamaitha Sullivan, a Family Nurse Practitioner at the Onarga Clinic, gave a great presentation on why support makes a difference in all aspects of life, to a packed room. In her presentation, Wamaitha discussed her origins from Kenya and how with the support from her family she was able to become educated. This education, which is rare for women in Kenya, gave her the opportunity to journey come to America and become a Family Nurse Practitioner.

In addition to Wamaitha's presentation, the GAHHS Auxiliary awarded five scholarships this year to area students who are pursuing careers in the health care industry. This year's recipients were:

- ◆ **The William and Viola Garrett Scholarship—**  
Emily Milburn of Loda

- ◆ **The Arthur and Ane Jensen Noland Family Scholarship—**Brittney Dubois of Elliott
- ◆ **The Dr. Cristina Medrano Scholarship—**  
Courtney Edelman of Fairbury
- ◆ **Auxiliary Scholarship—**Chelsea Pittenger of Dewitt
- ◆ **Auxiliary Scholarship—**Kirsten Slagel of Fairbury

The GAH Auxiliary also honored 13 members, who have given at least 45 years of service. Those honored include Mildred Sunderland (59 years), Elizabeth Walker (54 years), Margaret Anderson (53 years), Phyliss Brickman (52 years), Val Hunt (52 years), Jean Williams (51 years), Connie Brown (51 years), Deonna Sauer (51 years), Martha Bensen (49 years), Helen McCormick Keener (46 years), Helen Lage (45 years), Marge Nagle (45 years), and Yvonne Elfers.

## Call to Action

Even though the GAHHS Auxiliary has a strong presence within the hospital and throughout the community, membership numbers have continued to diminish over the past few years. Some decline can be attributed to dual income families with less free time and the state of the economy, but the need for volunteers remains the same. Volunteers are an integral part of providing the excellent care our patients receive at GAHHS. There is a growing need for help at the Information Desk, in the Gift Shop, and at the Juice Cart, among other areas. If you are interested in becoming part of the volunteers who help make others' days brighter, please contact Benjie Pardick at 217-784-2221 to find out how you can help! ■

# Students Learn Outside the Classroom

Gibson Area Hospital



Kara Wilson



Jennifer Fackler

**K**ara Wilson and Jennifer Fackler are just like any other student at GCMS with one exception, they only go to school for half the day. The other half of their day is spent working at Gibson Area Hospital & Health Services (GAHHS). Both Kara and Jennifer are enrolled in the GCMS Cooperative Education program, which allows high school students to attend school half the day and gain work experience the other half.

Through the Co-op program, many students are placed into jobs that correlate to the careers they hope to pursue after high school. “Our goal is to secure employment for the students that prepares them for their futures as members of the work force.” Nick Elder, Cooperative Education Coordinator, continued, “The students gain extremely valuable work experience and also benefit by being involved with professionals throughout our community.”

It is this valuable work experience that attracted Kara and

Jennifer to the Co-op program. Kara, a Pharmacy Tech, said, “I chose the Co-op program because I wanted to have experience in the work force with the career that I want to pursue.” Kara added, “The Co-op program has given me good insight into what a hospital pharmacy is like and my deciding factor that this is what I really want to do.”

Jennifer, a Therapy Tech, chose the Co-op program for similar reasons. “The Co-op program is a good way to get the experience I wanted.” Jennifer added, “Even though I am only a tech, it gave me an idea of what it’d be like working as a physical therapist.”

GAH has participated in the Cooperative Education Program for numerous years and has provided students with jobs in various departments. Some of those departments include Med/Surg, Therapy Services, Facilities Management and the Pharmacy. ■

# Over 600 Kids Visit GAHHS on Annual School Tours



Left: GCMS second grade students are prepped for surgery.

Lower Left: GCMS second grade students visit dietary.

Lower Right: GCMS second grade students take time to strike a pose.



**I**n 1987 the Gibson Area Hospital & Health Services (GAHHS) Auxiliary provided school tours to curious members of the community. Today, tours of GAHHS continue, however in a different form. Every April, GAHHS staff and Auxiliary members provide tours to hundreds of area grade school children. “So many times children are afraid of a hospital, but the tour gives them a chance to have a positive, fun experience while visiting the different departments,” said Benjie Pardick, GAHHS Human Resources Assistant and Tour Coordinator. “These tours give children a great opportunity to ask questions about what they see.”

This year GAHHS hosted 646 students, teachers, and parents from St. Johns, Busy Hands, Westview, GCMS, Fisher, Gilman, Mahomet, Clara Petersen, Tri-Point, Meadowbrook, Chatsworth, and Little Achievers Academy. Twenty-one employees and ten Auxiliary members lead students through ten different GAHHS departments. During the tour students are able to get a behind the scenes look at the daily operations of the hospital. Some stops included the Ambulance bay, Surgery, Radiology, and Long Term Care.

Thank you to everyone who took time out of your busy schedules to educate the next generation! ■

# Healthy Steps For Teen Parents Class



**G**ibson Area Hospital & Health Services (GAHHS) is proud to announce that the OB department is offering a new course for parents between 15-21 years old. The course, Healthy Steps for Teen Parents, is an award-winning program that delivers direct, honest and encouraging information to these young parents. The course is designed to help teens successfully meet the challenges of being young parents, covers information on the entire pregnancy, birthing, and the parenting experience.

The OB Department will be offering this class to expecting mothers 4 times this year. Each course will consist of three classes held on consecutive Wednesday evenings from 5 pm to 6:30 pm. The dates for these sessions are:

- ◆ June 15, 22, 29
- ◆ August 17, 24, 31
- ◆ October 12, 19, 26
- ◆ December 7, 14, 21

Expecting mothers are encouraged to register for this course by contacting the Gibson Area Hospital & Health Services OB Department at 217-784-2510. The course is free to those mothers delivering at Gibson Area Hospital. Mothers delivering at other facilities are welcome to attend the course for a small \$25 fee. For more information please visit the Baby Central page of the new GAHHS website, [www.gibsonhospital.org](http://www.gibsonhospital.org), or contact Karen Stevenson at 217-784-2510. ■

## Help the GAH Foundation Win \$250,000 from the Vivint Gives Back Project!

How can you help?  
It is simple visit

[http://www.vivint.com/  
givesbackproject/charity/1107](http://www.vivint.com/givesbackproject/charity/1107)  
and endorse/vote for the GAH  
Foundation once a day.

For more information visit our  
Facebook page, website  
(Latest News & Items of Interest),  
or email GAHHS Marketing  
Coordinator, Drue Hilligoss, at  
[drue\\_hilligoss@gibsonhospital.org](mailto:drue_hilligoss@gibsonhospital.org).

**With the Support of all our  
Communities I know we can win!**



vivint is giving away  
\$1.25 million to charities

**ENDORSE NOW**  
to help us win!



## Safe Sitter Classes Start June 23, 2011

**F**or over 20 years Gibson Area Hospital & Health Services (GAHHS) has offered the Safe Sitter course to both boys and girls between the ages of 11 and 13. The 2-day Safe Sitter course teaches adolescent babysitters how to handle crises, how to keep their charges secure, and how to nurture and guide a young child. The course covers topics on babysitting as a business, first aid, behavior aid, emergency preparedness, choking rescue, CPR and much more. Safe Sitter Coordinator and OB Nurse, Karen Stevenson, said, "This years

class has been revamped and is very interactive."

The class dates for this year's safe sitter course are June 23 & 24, July 21 & 22, and August 11 & 12. The cost for the course is \$25, which covers the cost of the materials. On the second day, participants will enjoy a Subway Sandwich Party and perform for their parents during the certificate ceremony. Class size is limited to 16, so sign up early! For more information contact Karen Stevenson at 217-784-2510. ■

# Cancer Support Group

by Melissa Stiger



When the need for a cancer support group was expressed by several members of the community I was approached as a possible facilitator. I really didn't need any extra responsibilities or challenges at the time, but I didn't hesitate for long and agreed to meet with members of the community to see what they would like to see developed. You see I am a cancer survivor myself. I was diagnosed with breast cancer in May of 2004. It was totally unexpected as it often is for cancer patients. Luckily I had great friends, coworkers, and family for support. Not everyone has those resources. I learned from the community members that this was their main concern and the desired focus for the support group. The members starting the group are all cancer survivors, some still receiving treatment. The focus of our group is support in whatever area you need. As a nurse I can help you navigate the medical maze or obtain medical information, and each member has experienced different treatments and offers insight into their experience. Mainly though we are here to support you emotionally. This is a difficult roller coaster of emotions and if you need help or just want to talk we are here for you. Join us if you are a cancer survivor and would like to help, if you are a care taker and need help understanding or coping, if you are newly diagnosed or close to someone with cancer. We do our best to help who we can, where we can and if we can't hopefully we can steer you in the direction to get the help you need. We meet the second Monday of each month (except Dec and Jan). We gather in the outpatient waiting room at 6 pm and anyone is welcome. If you have any questions call me: Melissa Stiger in Cardiac Rehab at 217-784-2667 on Monday, Wednesday, or Friday. ■



**Thank you for your support in the 2011 Relay For Life Ford County.**

**Your efforts help the fight against cancer.**

**[www.relayforlifeford.com](http://www.relayforlifeford.com)**

# Find Support In Numbers

## Support Group Opportunities at GAHHS

### **CANCER** Support Group

The Gibson Area Hospital & Health Services Cancer Support Group meets the second Monday evening of each month at 6:00 pm. We offer emotional support and are willing to provide links to any education or support the community needs. In the last year we have had speakers on Chemotherapy from a pharmacy view and lymphedema from a certified therapist's view.

If you need any other information please contact Missy Stiger in the Cardiopulmonary Rehabilitation Department at GAHHS, 217-784-2667. ■

### **ARTHRITIS** Support Group

Arthritis causes pain and often disability to one in every seven Americans. Find out how the numbers can work for you. You'll find friendship and support when you join the Arthritis Support Group at Gibson Area Hospital & Health Services. Topics of discussion will include pain management, diet and exercise. All ages are welcome and encouraged to attend.

Meetings will be held the first Monday of every month beginning March 7, 2011 from 6:30 pm to 8:00 pm at the hospital. Call Julie Bowen at 217-784-2259 for more information or to register. ■

### **DIABETES** Support Group

For people whose lives have been affected by diabetes, Gibson Area Hospital & Health Services provides a diabetes support group that is a forum for learning about diabetes, and for sharing ideas, concerns, and feelings about living with this disease. Each meeting usually features a presentation by a professional staff person who provides information to better help manage diabetes. Questions and general discussion usually follow the presentation. Topics for the past year have included, "Tips for the Holidays", "Medications", "Reading Food Labels", "Diabetes and Stress", and "Heart Healthy Living".

The group is open to all those with diabetes and their family and friends, or those simply interested in learning more about the disease. The diabetes support group meets the 2nd Thursday of every month, excluding December and January, from 7 pm to 8 pm at the hospital.

If you have questions, please call Eileen Woolums at 217-784-2344. ■

## Support Group Time & Date at a Glance

### **Arthritis Support Group**

1st Monday of every month beginning March 7, 2011  
6:30 pm to 8:00 pm in the Radiology waiting room

### **Cancer Support Group**

2nd Monday of every month – 6:00 pm to 7:30 pm  
in Outpatient waiting room

### **Diabetes Support Group**

2nd Thursday of every month – 7:00 pm to 8:30 pm  
in Radiology waiting room

### **Total Joint Class**

1st and 3rd Tuesday – 1:00 pm to 3:00 pm  
in the EDUP meeting room

# Gibson Area Hospital Foundation and Auxiliary Brings the Red Carpet to Gibson City

Far Right: Rob and Robin—GAHHS CEO, Rob Schmitt, and GAHHS CNO/COO, Robin Rose “Live From the Red Carpet.”

Right: Kathy Hess, Executive Secretary, poses with Groucho Marx, Austin Powers, and Marilyn Monroe.

Below: The GAH Foundation presents a check to the GAHHS Auxiliary for the funds raised from the Red Carpet Event. From left to right: Rob Schmitt, CEO; Melanie Warfield, Former Foundation President; Carol Steinman, Foundation Secretary; Kathy Eagleson, Auxiliary Member; Leigh Ann Sharp, Auxiliary Co-President; Auxiliary Co-President, Cheryl Sommer; Jeff Austman, Foundation Chairperson; Dianna McMurry, Auxiliary Treasurer; Jill Arends, Foundation President; Benjie Pardick, Auxiliary Secretary.



The Gibson Area Hospital (GAH) Foundation and Auxiliary has always held great fundraising events in the past, and this year's spring fundraiser was no exception. This year's fundraiser, held on Saturday, May 14, 2011 at Railside Golf Club in Gibson City, was a great success. This year's theme, A Red Carpet Event: "Everyone's A Star... Come As You Are", featured Hollywood flair throughout the event.

This year's entertainment featured a Red Carpet for guests to walk as they arrived. GAHHS CEO, Rob Schmitt, and GAHHS CNO/COO, Robin Rose, interviewed the guests as they walked the Red Carpet. These interviews were broadcast live in the banquet room for the other guest to see and hear. Mr. Schmitt explained, "Even with the rain, the covered red carpet was a hit. The "live" video feed into the banquet room was tremendous. Another great event in a line of past great events for the Foundation and Auxiliary."

In addition, celebrity impersonators Marilyn Monroe, Austin Powers, and Groucho Marx stopped by to entertain the sold out event. They circulated through the crowd and took pictures with the guest, told stories, and played their characters with exceptional Hollywood flair.

"This years Spring Event took the place of the previous years Gala's. It was a more intimate event than in the past. The Administration team, as well as Jill Arends, Kathy Hess, Kat Steenz, Denise McMahan, and new Marketing Coordinator Drue Hilligoss did a wonderful job executing and delivering a great event", said Marketing Director Mike Meunier.

A silent auction of 8- "Once in a Life Time Experience" trips was held to benefit the GAH Foundation. Some of these experiences included a trip to Hawaii and tickets for two to the final two rounds of the 2012 Master's Golf Tournament. Other fundraising activities included a 50/50 drawing, won by Shelly Overman, and a raffle drawing for a 51in. T.V. and Blu-Ray player, won by Julie Park.

"Sean Sampson, Jim Bailey, and the rest of the Railside staff provided a wonderful meal and great service," said GAH Foundation President, Jill Arends. "Railside has once again created an outstanding experience for us and I am looking forward to the golf outing here on July 14th."

More pictures of the event can be found on the GAHHS website at [www.gibsonhospital.org](http://www.gibsonhospital.org), check the Red Carpet Event and scroll down. ■



Gibson Area Hospital & Health Services

# PHYSICIAN LIST

\*\*Not all physicians listed are employed by Gibson Area Hospital & Health Services.

**Katherine Austman, M.D.**

**Bill Herriott, P.A.**

*Family Practice including Maternity Care*  
122 E. Wabash St. • Forrest, IL 61741  
815-657-8707

**George Bark, M.D., PhD**

*Family Practice*

**Paxton Clinic**

227 N. Market St. • Paxton, IL 60957  
217-379-4864  
(2nd location)

**Family Health Care of Hoopeston**

837 E. Orange St. • Hoopeston, IL 60942  
217-283-5530

**Benjamin Brewer, M.D.**

**Bill Herriott, P.A.**

*Family Practice including Maternity Care*  
122 E. Wabash St. • Forrest, IL 61741  
815-657-8707

**Stephen Clingman, M.D.**

*Family Health Care of Hoopeston*

837 E. Orange Street • Hoopeston, IL 60942  
217-283-5530

**Joseph Y. Chung, M.D. \* \***

*General Surgery*

#1 Doctors Park • Gibson City, IL 60936  
217-784-4297

**Chris Dangles, M.D. \* \***

**Laura Brinkley, A.P.N.**

*Orthopaedic Surgeon*

#10 Doctors Park • Gibson City, IL 60936  
217-784-4340

**Gregory J. Delost, M.D. \* \***

*Family Practice*

#3 Doctors Park • P.O. Box 525  
Gibson City, IL 60936  
217-784-4030

**Richard P. Foellner, D.O.**

**Lisa Oakley, F.N.P.-P.N.P.**

**Celia Hethke, R.N.C., A.N.P., A.P.N.**

*Family Practice and Anti-Aging*

227 N. Market St. • Paxton, IL 60957  
217-379-4864

**Lawrence Gratkins, M.D. \* \***

*Gynecology*

1120 N. Melvin St. • Gibson City, IL 60936  
217-784-2340

**Sue Gray, F.N.P.**

**Wamaitha Sullivan, F.N.P.**

109 N. Chestnut • Onarga, IL 60955  
815-268-4840

**David J. Hagan, M.D. \* \***

**Mary Allen, C.N.P.**

*Family Practice and Geriatrics*

222 N. Sangamon Ave. • Gibson City, IL 60936  
217-784-8148  
(2nd location)  
104 S. Third St. • Fisher, IL 61843  
217-897-1692

**Jeremy Henrichs, M.D.**

*Family Practice and Sports Medicine*

227 N. Market St. • Paxton, IL 60957  
217-379-4864

**Ishwar Jagasia, M.D. Radiologist**

*Department of Radiology*

1120 N. Melvin Street • Gibson City, IL 60936  
217-784-4251

**Gary W. Kerber, M.D. \* \***

*Radiologist*

1120 N. Melvin St. • Gibson City, IL 60936  
217-784-4251

**Cristina Medrano, M.D.**

*General Surgery*

*Wound Care*

No. 7 Doctors Park • Gibson City, IL 60936  
217-784-5500

**Scott Morgan, M.D.**

*Urologist*

*Outpatient Clinic*

1120 N. Melvin • Gibson City, IL 60936  
217-784-2340

**Neil R. Nelson, M.D. \* \***

**Anne-Marie Richmond, P.A.**

*Internal Medicine and Pediatrics*

#8 Doctors Park • Gibson City, IL 60936  
217-784-8580

**Joseph Norris, M.D. \* \***

*Orthopaedic Surgery*

#10 Doctors Park • Gibson City, IL 60936  
217-784-4340

**William Price, M.D.**

**Chris Nelson, P.A.**

**Lori Fitton, A.P.N.**

*Orthopaedic Surgeon*

#10 Doctors Park • Gibson City, IL 60936  
217-784-4340

**Bernadette Ray, M.D.**

*Family Practice including Maternity Care*

227 N. Market St. • Paxton, IL 60957  
217-379-4864

**Darrin Ray, M.D.**

*Family Practice*

1230 George Rock Dr. • Farmer City, IL 61842  
309-928-9192

**Anthony L. San Diego, M.D. \* \***

*General Surgery*

#1 Doctors Park • Gibson City, IL 60936  
217-784-4297

**Annuy Sethakorn, M.D. \* \***

*Family Practice*

# 4 Doctors Park • P.O. Box 527  
Gibson City, IL 60936  
217-784-8919

**Mark M. Spangler, M.D. \* \***

*Family Practice*

#3 Doctors Park • P.O. Box 272  
Gibson City, IL 60936  
217-784-4030

**Chad Tattini, M.D.**

*Cosmetic and Reconstructive*

*Plastic Surgery*

1117 N. Melvin • Gibson City, IL 60936  
217-784-2238

**Rachel Wenger, M.D.**

**Bill Herriott, P.A.**

*Family Practice including Maternity Care*

122 E. Wabash St. • Forrest, IL 61741  
815-657-8707



The following is a listing of Gifts of Love received January 11 through May 13, 2011. As you read through the list you will see that contributions can be made in memory of someone, in honor of a person, in recognition of a special occasion (birthday, anniversary, new baby) or accomplishment.

**Gifts of Love**

**In Memory**

**Eugene Allen**

Michael & Nancy  
Krumwiede  
Glenn & Joan Cothorn

**Paul Baker**

*For Cardiac Rehab*  
William & Dorothy Lilienthal  
John & Bonnie Schutte

**Dorie Barrow**

Kenney & Cathy Breeden

**Rodell Bielfeldt**

Dayn & Darlene Schertz

**Dorothy Birkey**

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Marsha's Beauty Salon  
Weaver Lawn Service  
Sharla Williams

*For Annex Activities*

Chris & Kathy Hustedt

*For the General Fund*

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Donald & Phyllis Crouch  
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Gene & Mary Jane Roth  
Arlene Samet  
Deonna Sauer  
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Tom & Sandy Fairchild  
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John & Marcia Hildenbrand  
Greg & Mary Laughery  
Leland & Barbara Wycoff

**Juanita Davis**

American Legion Post 55  
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Dick & Janis Maxwell  
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Marty & Minda Rossman  
Patrick & Susan Ryan

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Michael & Nancy  
Krumwiede

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Dennis & Benjie Pardick

**Frank Henry**

Town of Sullivan

**Margaret "Peg" Hill**

Kenney & Cathy Breeden

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William Dueringer  
Weaver & Diana Dunnan  
Harry & Dorri Groom  
Doug & Gayle Hager  
Val Hunt

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Patricia Lemke

Mike & Kenna McCall

Ron & Betty Meiners

Howard & Jeanne

Rasmussen

Wayne & Terri Snyder

Cynthia Swanson

Ted Swanson

Don & Beverly Swanstrom

Jean Williams

Sharla Williams

Virginia Williams

**Robert Hutchcraft**

Glenn & Joan Cothorn

**Jenedia Jensen**

Bob & Juanita Boyce  
Marjorie Brotherton  
Shirley Butler  
Jan Clifton  
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Gayle & Judy Glascock  
Steve & Susan Hawthorne  
Larry & Ursula Hustedt  
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Greg & Mary Laughery  
Joyce Lindelof  
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Kyle & Teresa Obert  
Doug & Tammy Parsons  
Wayne & Terri Snyder  
Gary & Sharon Stroh

**Richard L. Jensen**

John & Bonnie Schutte

**Elizabeth Kennedy**

*For the ER Department*  
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**Herbert McClure**

Jerry & Durlene Lawless

**Betty Mooney**

Charlene Bennett  
Bob & Connie Benningfield  
Beverly Crowe  
Glenn & Mildred Davis  
Shirley Furtney  
Bill & Karla Hunter  
Chic Meredith  
Beverly Nelson  
Howard & Jo Nettleton  
Kurt & Madalyn Sommer  
Crystal Thompson  
Earl & Janice Young

**Dennis Reep**

Chris Thorp

**Dale Riblet**

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Gail & Vicki Reiners  
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 Darrell & Mary Ann Volker  
 George Walter  
 Barbara Williams  
 Michael & Ann Young

**Nancy Taylor**

Family & Friends  
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 Gary & Jane Meyer  
 George & Barb Meyer  
 Scott & Marsha Moody

**Marjorie Tuntland**

Richard & Dorothy Shields  
 Wilber & Louise Swearingen

**Julie White**

Helen Dueringer  
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 Gary & Janice Petersen  
 Kevin & Lynn Price  
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 Rob & Linda Schmitt

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 Roger & Suzanne Coventry  
 Davis Farms, Inc.  
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 Carl & Janet Hudson, Jr.  
 John & Mary Ellen Leonard  
 Camilla Lohmeyer  
 Margo Martin  
 Steve & Rita Metz  
 Jerry & Nancy Nord  
 Russ & Betty Plath  
 Deonna Sauer  
 James & Brenda Shearl  
 Wayne & Joanne Sommer  
 Ted Swanson  
 Ron & Melanie Warfield

**General Fund**

Mark & Jill Arends  
 Starla Blackburn  
 John Currier  
 Joyce Espinoza  
 John & Ann Healey  
 Tom & Kathy Hess  
 Joe & Amy Higgins  
 Ron & Mary Ann Hood  
 Lila Judkins  
 Roy & Lola Knox  
 Kruse Auction & Real Estate  
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 Brian Slinde  
 Paul & Mildred Sunderland  
 Theresa Swift  
 Chad & Sheila Vaughn  
 Rebecca Wainwright  
 Steve & Marsha Warsaw  
 Ron & Eileen Woolums

**Red Carpet Event**

Mark & Jill Arends  
 Donald & Sherilyn Bathgate  
 Tom & Kathy Bennett  
 June Bishop  
 Chris Dangles M.D.  
 Gibson City Clinic, S.C.  
 Jim & Joyce Gulliford, Jr.  
 Hudson Drug & Hallmark  
 Hustedt Jewelers  
 John Jacobson  
 Viola Kumpf  
 Camilla Lohmeyer  
 Fred & Janece McCullough  
 Marty, Roxann, & Jacob Nuss  
 Scott & Tisha Reynolds  
 Robin Rose  
 Virgil Rosendale  
 Rob & Linda Schmidt  
 Ted Swanson  
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the **Gift of Love**



Your gift will be used to sustain and advance medical care for Gibson Area Hospital & Health Services through the Gibson Area Hospital Foundation. Thank you for your support.

The enclosed gift of \$ \_\_\_\_\_ is  in memory:  in honor of:  in celebration of:

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Acknowledgement of gift will be sent to both the giver (yourself) and honoree or family at the following address:

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 **Gibson Area Hospital** FOUNDATION

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**Thursday,  
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Railside Golf Club,  
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Gibson Area Hospital  
**Orthopaedics**  
Gibson City, IL

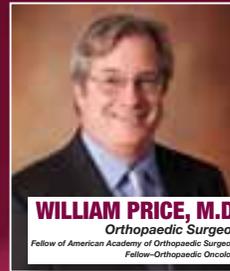
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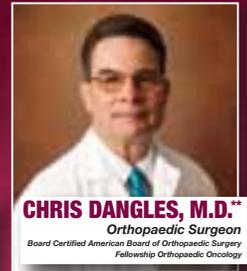
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*GIBSON GETS IT*

\*\*Seeing patients at #10 Doctors Park, Gibson City, IL – Independent Physicians of GAHHS.

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**WILLIAM PRICE, M.D.**  
Orthopaedic Surgeon  
Fellow of American Academy of Orthopaedic Surgeons  
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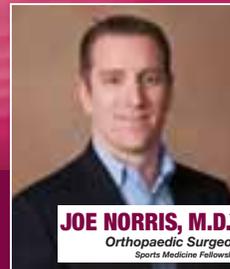
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Orthopaedic Surgeon  
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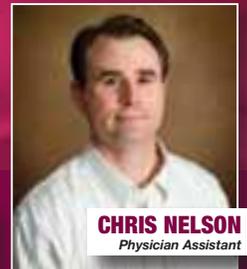
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**LAURA BRINKLEY**  
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